

TABLA DE REFERENCIA PARA VALORAR PESO / EDAD EN NIÑAS Y NIÑOS MENORES DE 6 AÑOS

TABLA 1
PESO (kg) POR EDAD
0 MESES A 6 AÑOS
NIÑAS

EDAD MESES	DESNUTRICIÓN GRAVE - 3 D.E.	DESNUTRICIÓN MODERADA - 2 D.E.	DESNUTRICIÓN LEVE - 1 D.E.	PESO NORMAL MEDIANA	SOBREPESO + 1 D.E.	OBESIDAD + 2 D.E.	OBESIDAD + 3 D.E.
0	1.8	2.2	2.7	3.2	3.6	4.0	4.3
1	2.2	2.8	3.4	4.0	4.5	5.1	5.6
2	2.7	3.3	4.0	4.7	5.4	6.1	6.7
3	3.2	3.9	4.7	5.4	6.2	7.0	7.7
4	3.7	4.5	5.3	6.0	6.9	7.7	8.6
5	4.2	5.0	5.8	6.7	7.5	8.4	9.3
6	4.6	5.5	6.3	7.2	8.1	9.0	10.0
7	5.0	5.9	6.8	7.7	8.7	9.6	10.5
8	5.4	6.3	7.2	8.2	9.1	10.1	11.1
9	5.7	6.7	7.6	8.6	9.6	10.5	11.5
10	5.9	7.0	7.9	8.9	9.9	10.9	11.9
11	6.2	7.2	8.2	9.2	10.3	11.3	12.3
12	6.4	7.5	8.5	9.5	10.6	11.6	12.7
13	6.6	7.7	8.7	9.8	10.9	11.9	13.0
14	6.8	7.9	8.9	10.0	11.1	12.2	13.2
15	6.9	8.0	9.1	10.2	11.3	12.4	13.5
16	7.1	8.2	9.3	10.4	11.5	12.7	13.7
17	7.2	8.4	9.5	10.6	11.8	12.9	14.0
18	7.3	8.5	9.7	10.8	12.0	13.1	14.2
19	7.5	8.7	9.8	11.0	12.2	13.3	14.5
20	7.6	8.8	10.0	11.2	12.4	13.5	14.7
21	7.7	9.0	10.2	11.4	12.6	13.8	15.0
22	7.9	9.1	10.3	11.5	12.8	14.0	15.2
23	8.0	9.3	10.5	11.7	13.0	14.2	15.5
Años / Meses							
2 / 0	8.3	9.4	10.6	11.8	13.2	14.6	16.0
2 / 01	8.4	9.6	10.8	12.0	13.5	14.9	16.4
2 / 02	8.5	9.8	11.0	12.2	13.7	15.2	16.8
2 / 03	8.6	9.9	11.2	12.4	14.0	15.6	17.1
2 / 04	8.8	10.1	11.3	12.6	14.2	15.9	17.5
2 / 05	8.9	10.2	11.5	12.8	14.5	16.1	17.8
2 / 06	9.0	10.3	11.7	13.0	14.7	16.4	18.1
2 / 07	9.1	10.5	11.9	13.2	15.0	16.7	18.5
2 / 08	9.2	10.6	12.0	13.4	15.2	17.0	18.8
2 / 09	9.4	10.8	12.2	13.6	15.4	17.2	19.1
2 / 10	9.5	10.9	12.3	13.8	15.6	17.5	19.4
2 / 11	9.6	11.0	12.5	13.9	15.8	17.8	19.7
3 / 0	9.7	11.2	12.6	14.1	16.1	18.0	20.0
3 / 01	9.8	11.3	12.8	14.3	16.3	18.3	20.25
3 / 02	9.9	11.4	12.9	14.4	16.5	18.5	20.6
3 / 03	10.0	11.5	13.1	14.6	16.7	18.7	20.8
3 / 04	10.1	11.6	13.2	14.8	16.9	19.0	21.1
3 / 05	10.2	11.8	13.3	14.9	17.0	19.2	21.3
3 / 06	10.3	11.9	13.5	15.1	17.2	19.4	21.6
3 / 07	10.4	12.0	13.6	15.2	17.4	19.6	21.8
3 / 08	10.5	12.1	13.7	15.4	17.6	19.8	22.1
3 / 09	10.6	12.2	13.9	15.5	17.8	20.1	22.3
3 / 10	10.7	12.3	14.0	15.7	18.0	20.3	22.6
3 / 11	10.8	12.4	14.1	15.8	18.1	20.5	22.8
4 / 0	10.9	12.6	14.3	16.0	18.3	20.7	23.1
4 / 01	10.9	12.7	14.4	16.1	18.5	20.9	23.3
4 / 02	11.0	12.8	14.5	16.2	18.7	21.1	23.5
4 / 03	11.1	12.9	14.6	16.4	18.9	21.3	23.8
4 / 04	11.2	13.0	14.8	16.5	19.0	21.5	24.0
4 / 05	11.3	13.1	14.9	16.7	19.2	21.7	24.3
4 / 06	11.4	13.2	15.0	16.8	19.4	21.9	24.5
4 / 07	11.5	13.3	15.1	17.0	19.6	22.2	24.8
4 / 08	11.5	13.4	15.2	17.1	19.7	22.4	25.0
4 / 09	11.6	13.5	15.4	17.2	19.9	22.6	25.3
4 / 10	11.7	13.6	15.5	17.4	20.1	22.8	25.5
4 / 11	11.8	13.7	15.6	17.5	20.3	23.0	25.67
5 / 0	11.8	13.8	15.7	17.7	20.4	23.2	25.8
5 / 01	11.8	13.9	15.9	17.8	20.6	23.5	26.0
5 / 02	11.9	14.0	16.0	18.0	20.8	23.7	26.2
5 / 03	12.0	14.1	16.1	18.1	21.0	23.9	26.4
5 / 04	12.1	14.2	16.2	18.3	21.2	24.1	26.6
5 / 05	12.1	14.3	16.4	18.4	21.4	24.4	26.8
5 / 06	12.2	14.4	16.5	18.6	21.6	24.6	27.0
5 / 07	12.3	14.5	16.6	18.7	21.8	24.9	27.19
5 / 08	12.4	14.6	16.7	18.9	22.0	25.1	27.4
5 / 09	12.4	14.7	16.9	19.0	22.2	25.4	27.62
5 / 10	12.5	14.8	17.0	19.2	22.4	25.7	27.8
5 / 11	12.6	14.9	17.1	19.4	22.6	25.9	28.0
6 / 0	12.7	15.0	17.3	19.5	22.9	26.2	28.1